





Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FAST Track Class</b> 3</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>10:00 - 11:00 pm</p> 	<p><b>MONTHLY CHRONIC PAIN WORKSHOP</b> 5</p> <p>with Dr. Counihan **</p> <p>12:00 - 12:45 pm</p>	<p>10:00 - 11:00 am</p>	<p>7</p> 
<p><b>FAST Track Class</b> 10</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>10:00 - 11:00 pm</p>	<p>1:00 pm - 2:00 pm</p>	<p>10:00 - 11:00 am</p>	<p><b>Advanced FAST Track Class</b> 14</p> <p>11:00 am - 12:00 pm</p>
<p><b>FAST Track Class</b> 17</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>10:00 - 11:00 pm</p>	<p>1:00 pm - 2:00 pm</p>	<p>10:00 - 11:00 am</p>	<p>21</p> 
<p><b>No FAST Track Classes this week</b></p> 				
<p><b>Closed for Christmas</b></p>				
<p><b>FAST Track Class</b> 31</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p><b>Closed for New Year's Day</b></p> 			

\*\* Registration is not necessary but appreciated. FAST Track class begins after the Workshop concludes at 1 pm.

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