



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p>  <p>Closed for New Year's Day</p>	<p>2</p> <p>1:00 pm - 2:00 pm</p>	<p>3</p> <p>10:00 - 11:00 am</p>	<p>4</p> 
<p>7</p> <p>FAST Track Class</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>8</p> <p>10:00 - 11:00 pm</p>	<p>9</p>  <p>MONTHLY CHRONIC PAIN WORKSHOP with Dr. Counihan **</p> <p>12:00 - 12:45 pm</p>	<p>10</p>  <p>10:00 - 11:00 am</p>	<p>11</p> <p>Advanced FAST Track Class</p> <p>11:00 am - 12:00 pm</p>
<p>14</p> <p>FAST Track Class</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>15</p>  <p>10:00 - 11:00 pm</p>	<p>16</p> <p>1:00 pm - 2:00 pm</p>	<p>17</p> <p>10:00 - 11:00 am</p>	<p>18</p> 
<p>21</p> <p>FAST Track Class</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>22</p> <p>10:00 - 11:00 pm</p>	<p>23</p>  <p>1:00 pm - 2:00 pm</p>	<p>24</p> <p>10:00 - 11:00 am</p>	<p>25</p> <p>Advanced FAST Track Class</p> <p>11:00 am - 12:00 pm</p>
<p>28</p> <p>FAST Track Class</p> <p>1:00 - 2:00 pm</p> <p>Functional Action and Skills Training Workshop with Dr. Counihan</p> <p>2:00 - 2:30 pm</p>	<p>29</p>  <p>10:00 - 11:00 pm</p>	<p>30</p> <p>1:00 pm - 2:00 pm</p>	<p>31</p>  <p>10:00 - 11:00 am</p>	

** Registration is not necessary but appreciated. FAST Track class begins after the Workshop concludes at 1 pm.

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